In the summer of 1962, on his “Caribbean Voyage,” Alan Lomax visited the southernmost Windward Islands — Grenada and Carriacou — where he recorded an astounding variety of music, sung for fun, ritual, worship, and to accompany work. “Roll and Go: Chanteys and Sailor Songs from Grenada” features fourteen rollicking numbers (ten of which are previously unreleased) used for boat-launching, boat-pulling, sail and net-hoisting by the fishing-folk of Grenada — songs that invigorated the work and energized the workers.

“Roll and Go” is an infectious synthesis of familiar “sea shanties” of New England and Britain with indomitable Caribbean poly-rhythms, echoing West African traditions and popular musical styles like calypso and soca.

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